

WEEKLY SCHEDULES

Sunday, June 7

9:30 am **Morning Worship**—Pastor Wayne Sneller
NO EVENING WORSHIP until further notice
5:00 pm **Junior High Bible Study**—in the Well
6:30 pm **High School Bible Study**—in the Well

WORK SCHEDULE FOR June 7
NO NURSERY or CHILDREN IN WORSHIP ACTIVITIES
until further notice.
No Ushers needed until further notice

Wednesday, June 10

7:00 pm **College Age Bible Study**—in the Well

Sunday, June 14

9:30 am **Morning Worship**—Pastor Wayne Sneller—Senior Sunday—we will be honoring our graduating seniors with a rock ceremony
5:00 pm **Junior High Bible Study**—in the Well
6:30 pm **High School Bible Study**—in the Well
No Evening Worship



YOUTH BIBLE STUDY SERIES

Begins Sunday, May 31 and Wednesday June 3
Weekly Bible study for junior high, high school & college aged students.
Junior high: 5:00 pm Sunday nights
High school: 6:30 pm Sunday nights
College age session: 7:00 pm Wednesday nights
Jeff Knouse will be leading this Bible Study in the Well (basement) at FRC

Our goal of this study is to grow closer to Jesus by rooting ourselves in His holy Word, to gain a better understanding of the Bible by learning new techniques of how to read and unpack Scripture, and strengthen our bond as brothers and sisters in Christ through conversation and prayer.



PRAYER REQUESTS

PRAISE

- This morning we have the privilege of celebrating the baptism of **Lucy Carolyn Van Wyk**, daughter of **Aaron & Amber Van Wyk**. We ask for God's blessing on this family!

CHURCH FAMILY

- Conrad Van Maaren** continues to be in skilled care at the VA Hospital in Des Moines for another few weeks. He is still getting the IV antibiotic but is enjoying being able to get out of his room and walk the hall. He would love a phone call as there are no visitors allowed (not even family) and he is quite bored. His phone # is 641-521-4086.
- Caleb Johnson**, age 11, son of Jennifer (Chuck and Deb Johnson's grandson) underwent back surgery on Friday, May 29th at the Stead Family Children's Hospital in Iowa City. Surgery went well! Caleb will stay in the hospital for a few days. He will have to wear a brace for 6 weeks, and then have the next 6 months to a year for the bone graft to stabilize. His mom Jennifer thanks the church for their prayers!

Pray for our President, Leaders, Hospital staff, pastors, our sick and shut ins.

⇒ The **AED Defibrillator** is located in the church office on the 2nd shelf on east wall



BABY BLESSING BASKETS: Since March there have been 4 babies born here at FRC!! There are 4 baby blessing baskets set out in the

Gathering Place for our newest little ones:

- Zayleana Eloise**, daughter of Shannon Dunsbergen & Edna Elliott—born March 23, 2020
- Elias Paul**, son of Brooke Jansen & Harrison Koenig—born April 15, 2020
- Penelope Rae**, daughter of Blake & Cathryn Dunsbergen—born April 19, 2020
- Memphis Dean**, son of Cole & Shelly Vos—born May 8, 2020.



Our family would truly like to thank each and everyone who reached out to us at the time of Irvin's passing. The words of comfort, prayers offered, cards, gifts and memorials were overwhelming and such a comfort to us. We will eternally be thankful to God for the extra years he was given and those last days he was able to spend at home. Thank you and God bless you.

Lois Vander Leest, Kent & Mary, Jody & Jeff, Carol & Denny and families

INFORMATION



Vacation Bible School Update! Due to the uncertainty surrounding Covid-19 we will not be holding in-person VBS this year July 6-9, 2020, and are postponing it until 2021. The committee is working on other Spiritual Growth options at the moment. To

keep up to date on these options, please visit our Sully VBS Facebook page.

ATTENTION: ALL 3 year old—4th graders

CHURCH TO GO - Each family with children 3 years old - 4th grade will be receiving a **CHURCH TO GO box** filled with faith nurturing activities for the summer. **The boxes, labeled with your family name, are located on a table just outside the church office.** Please let Julie know if you would prefer your box dropped off at your home. As you capture a few rays of sun...remember to let the light of the SON shine in your hearts and lives this summer.

MEMORIAL DAY OFFERING: Our offering taken for Memorial Day was in the amount of **\$3,595**. Our General fund giving for the month of May was **\$38,888.28**. Thank you FRC for your faithful giving! God is good!

CHURCH EMAIL UPDATES

- If you are no longer receiving church emails, and you used to, please contact the church office about this so we can address the issue.
- If you add the following to your contact list, it will prevent church emails from going to your spam/junk folder: **noreply@sullyfrc.org**
- SIGN UP for TEXT ALERTS** on our website at **sullyfrc.org** on the home page at the bottom of the page. You will then be notified by a text when services are cancelled!

“Practical Faith for an Isolated World”

Nehemiah 4:6-12

Pastor Wayne Sneller

9:30 a.m.

June 7, 2020

When you feel like giving up!

God lets us experience the things that happen in a broken world.

Some of us here today in worship or listening to this message have had setbacks in life and are discouraged.

The story of Nehemiah illustrates both the causes and cures for discouragement. This is a story of rebuilding the city wall around Jerusalem.

4 Common setbacks that cause discouragement.

1. When something takes _____ than expected this causes _____. *“The workers are getting tired...we will never be able to build the wall by ourselves.”* Nehemiah 4:10a

- When you are tired, you are _____ to all kinds of things.
- When you are weary _____ will attack you.

2. When something is more _____ than expected this causes _____. *“...there is so much rubble to be moved.”* Nehemiah 4:10b

- Many times _____ through a career or a marriage or life. _____ sets in! *“Come, Lord, and show me your mercy, for I feel helpless, overwhelmed, and in deep distress.”* Psalm 25:16 (LB)

3. When I start to doubt my own _____. This causes a sense of _____. *“...we will never be able to build the wall by ourselves.”* Nehemiah 4:10c

- Examples today – Why did I take this job? Why did I make this move? Why did I get married?
- How do you handle _____? How do you handle a _____?

4. When the opposition grows _____. This causes _____.

“Meanwhile our enemies are threatening to kill us in order to stop this work.” Nehemiah 4:11

- If you are discouraged, if you hang out with negative people, if you listen constantly to negative chatter, it is going to infect you with _____!
- What _____ fear is causing you to be discouraged?

Before you give up do the 3 things Nehemiah did:

1. _____ whatever is not working? *“So I stationed armed guards at the most vulnerable places of the wall...”* Nehemiah 4:13

- God is saying “You may be doing the _____ thing; you’re just doing it the _____ way.”

2. _____ on God. *“Then I looked over the situation....Remember the Lord, who is great and glorious.”* Nehemiah 4:14a

- Many times we get so busy working for God, you’ve _____ God.

3. _____ the discouragement. *“When I had lost all hope I turned my thoughts once again to the Lord.”* Jonah 2:7

- What do I remember when I’m discouraged? I remember these three things.
 1. God’s _____ to me in the past.
 2. God’s _____ to me in the present.
 3. God’s _____ to me in the future!

We are in a spiritual battle. We’re in _____ every day of our life. We are in a supernatural struggle and Satan is our accuser. His two favorite weapons are _____ and _____. But we have Jesus Christ who has already won the battle for us and who gives us the strength to overcome! Remember to refocus on Him. Amen.