# Reformed

FEBRUARY 2019/ FIRST REFORMED CHURCH, SULLY, IA

# "Don't Rush"

I don't know about you, but I'm not very fond of the season of winter. I only really love the snow for two reasons: Christmas and skiing, and I don't ski that often. This year I am especially not fond of winter because it has gone right past cold to full on, bone-chilling, *freezing* cold. Because of this, you and I find ourselves confined to our homes, praying for the warmth of spring to come quicker, otherwise we're going to drop a lot of money on a flight to somewhere like Aruba where it's warm all the time, and we might make it a one-way ticket.

You see, winter is challenging for me because it requires me to *slow down*. My tendency is to work, work, work. Accomplish, accomplish, accomplish. Do, do, do. I usually end up feeling either worn out or burnt out because of it. Now maybe that's you, or maybe you are overworked and can't help it. Maybe you have kids to care for, work to do, meals to cook, dishes to clean, laundry to fold, bills to pay, the list goes on and on and seems to never end. What I think we all need to realize is that that a lot of the time we're running on fumes and not getting filled back up. Simply put: *we're tired*.

One of the things I love about Jesus is that He slept. Jesus took naps. More than that, Jesus modeled for you and me what the balance of activity and rest is supposed to be like. Take the story of Jesus feeding the 5,000. Now that is a lot of work for one man, and once his work was finished it says in John 6:15, "He slipped away into the hills by himself." I think Jesus does this for two reasons: 1. He's tired, and needs space to rest his physical body, and 2. He's tired, and needs space to be with his Father, which replenishes him spiritually. If the Son of God needs to rest physically and spiritually, then we most certainly need to all the more.

Jesus is the one who in Matthew 11:28 says, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest." Friends, we must reject the idea that our worth comes from what or how much we accomplish. We cannot function that way; we were not created to. We are not built to function by our own power, no; our power comes from Jesus alone. It is only when we consciously stop what we're doing and rest in the loving arms of our Father that we can truly find life to the full.

So this month, friends, take time, rather, *make* time to be with Jesus every day; not to accomplish anything or gain something, but simply to be with the One who loved you and died for you. If you do this, if you slow down, rest, and pay attention to your loving Father, I promise you will feel a sense of peace like you never have before. Even in the midst of chaos. His yoke is easy and his burden is light. Slow down, friends, there's no need to rush.



Youth & Ed Director— Jeff Knouse

Office Hours: Tuesday—Friday

& Sunday's

Email: jkfrcsully@gmail.com phone: 641-594-2935 ext. 3

Facebook page: www.facebook.com/

sullyfrcyouth/



FAITHWALKERS meet at 6:27 pm in the Well All 9th - 12th Grade invited Upcoming Events:

February 3—NO FAITHWALKERS

February 10

February 17

February 24

Faithwalkers Youth Group (9th—12th) meets every Sunday evening from 6—7 pm in the Well Leaders: Jeff & Alison Knouse, Brent & Sandy De Jong and Cale & Kendra Van Wyk

Prayer Breakfast

Every Friday morning at 7:30 am all 9th—12th grade are invited to come for donuts, chocolate milk, orange juice and prayer.

Invite your friends! It's a great way to end the school week!



Who: ALL 6th—8th graders
Impact Youth will be meeting
EVERY SUNDAY at 4:59 pm in
the WELL throughout the year!
February Dates:

February 3-NO IMPACT

February 10

February 17—Impact Service at 6 pm in the

Sanctuary February 24

IMPACT Youth Group (6th-8th) meets Sunday

evenings from 4:59—6pm in the Well

**Leaders:** Jeff & Alison Knouse, Denny & Donna Liekweg, Hailey Scandridge & Caden Dunsbergen

Love Must Be Honest and True. Romans 12:9

Need a date night? Want a quiet house for a few hours? Have some errands to run? Look no further!

FEBRUARY 16TH, 5-9 PM SULLY FIRST REFORMED CHURCH

## Parent's Night Out

Snacks, Games, and Movies for the kids!
Free Will Offering.
Contact the office at Sully First Reformed to sign up, or just
drop them off on the night of!



### Children's Ministry Director—

Julie Van Manen

Office Hours: Wednesdays

Email: julievmfrcsully@gmail.com Office phone: 641-594-2935 ext 5 Cell phone: 641-521-7951

## STARS

God has definitely shown us that winter still exists in lowa! Snow and record low temperatures have caused STARS not to meet the last two weeks. As we look forward to seeing everyone in February we will learn about The Lord's Prayer and we will continue to do some badge work on prayer. The STARS children were given prayer journals in January which they will take home in March. It is wonderful to see how excited the children are to write/draw in them each week! Feb. 6 will be a family meal as well as March 13.

I hope everyone was able to take advantage of the time off from school to play some board games, bake a little, and create some family memories during the snow days! As this quote from Barbara Bush says: Your success as a family...our success as a nation ...depends not on what happens inside the White House, but on what happens inside your house.

Happy Valentine's Day to all this month! The greatest gift of love that we can give others is to tell/show the love of Christ!

Let us **love** on another, because **love** is of God. 1 John 4:7

Love the Lord your God, with all your heart, and with all your soul, and with all your strength. Deuteronomy 6:5

Trust in the Lord with all your **heart**. Proverbs 3:5a

# Kidz Movie Nite

Kindergarten—3rd Grade

Saturday, February 9 5:30—8:30 pm

Food, chips and a beverage Craft, game and a movie! Invite your friends to join you!

Bring your favorite pillow or sleeping bag to lay on the floor while watching the movie



Registration requested by: Thursday, February 7 Please call 594-2935 (church) or 641-891-4864 (Lynn Dunsbergen) Email: frcsully@netins.net

Please register your kids by going on our church webpagehttp://sullyfrc.org/ministries/children/ scroll down to Kidz Movie Night info. If you have any questions, please contact the church office at frcsully@netins.net or 641-594-2935 ext 1

# Injerife the Word February Scripture Writing Plan

Pop Man

Writing out Scriptures is a way to understand God's Word and Hear His voice without distractions. Each of the Scriptures below should take fifteen minutes to copy. So grab your journal, your bible, and some pretty pens, and let us INSCRIBE THE WORD together.



#### How to Study the Bible:

1. Read the Scripture out loud.

2. Write the Scripture in your journal.

Ask yourself how you can live out the Scripture.
 Pray that Jesus would help you apply the Scripture.

#### The Books of <sup>2</sup> John, <sup>3</sup> John, Titus, and Philemon

- ☐ 1. 2 John v. 1
- ☐ 2. 2 John v. 5
- ☐ 3. 2 John v. 9 ☐ 4. 2 John v. 12
- 5. 3 John v. 1
- ☐ 6. 3 John v. 8 ☐ 7. 3 John v. 15
- ☐ 8. Titus 1:1
- ☐ 9. Titus 1:4
- ☐ 10. Titus 1:7
- ☐ 11. Titus 1:11 ☐ 12. Titus 1:15
- ☐ 13. Titus 2:1
- ☐ 14. Titus 2:7-8
- ☐ 15. Titus 2:11
- ☐ 16. Titus 2:14 ☐ 17. Titus 3:2
- 18. Titus 3:4-5
- ☐ 19. Titus 3:7
- \_\_ 20. Titus 3:9
- 21. Titus 3:15
- 22. Philemon v. 1
- 23. Philemon v. 4
- 24. Philemon v. 7
- ☐ 25. Philemon v. 10-11 ☐ 26. Philemon v. 12
- ☐ 27. Philemon v. 21
- 28. Philemon v. 25

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#### Reflecting on God's Love this

# Valentine's Day

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.



#### 1 John 3:16

This is how we know what love is: Jesus Christ laid down his life for us. And we ought to lay down our lives for our brothers and sisters.



#### Ephesians 5:2

And walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.



#### John 15:13

Greater love has no one than this: to lay down one's life for one's friends.

#### 1 John 3:1

See what great love the Father has lavished on us, that we should be called children of God! And that is what we are!



#### Roman 5:8

But God demonstrates his own love for us in this: While we were still sinners, Christ died



#### Koman 8:38-39

For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

#### SHROVE PANCAKE NIGHT



#### MARK YOUR CALENDARS

Wednesday, March 6, 2019 5:00 - 7 pm **Gathering Place at FRC** Invite your family and friends for pancakes with all the toppings! Freewill Donation



#### Dick Jr. & Joyce Ver Ploeg

Birthdays: Jr.- July 31, 1931

Joyce - July 16, 1931

Anniversary: June 12, 1953

Jr. and Joyce Ver Ploeg met while roller skating at the Community Center in Sully (located where Sully Plb. & Htg. is now). Jr. skated up beside Joyce and asked if she would like to go with him to the play at the Pella High School. She said yes, and then he asked if he could take her home that night after skating! (The date was April 14, 1948)

Wedding bells rang on June 12, 1953 at First Reformed Church with the Rev. Stoppels officiating. According to the happy couple, the weather was so hot and humid; the cement floor in the basement became wet. Joyce's wedding gown drug through the water, which was colored red due to the color in the cement, and the red water stains still show on Joyce's dress to this day! After sweating in his wool suit all day, Joyce says Jr. smelled like he had been out in the pouring rain! In spite of the heat, they were married by the end of the day.

Both Jr. and Joyce grew up in the area. Joyce lived about 7 miles south of Sully on a farm with her parents, Leonard and Jennie Van Genderen. Dick & Agnes Ver Ploeg, (Jr.'s parents) also had a farm 5 miles south of Sully. Both Jr. and Joyce went to country school and each graduated from high schools in the area. Their children include Teryl and Carol Ver Ploeg, Scott and Lisa Ver Ploeg, Carla and Rick Fopma; and grandchildren Erin (Corey)Jansen and their children Harrison and Miles; Amber (Jason) Zylstra; Jessalyn Ver Ploeg (deceased), Briana Ver Ploeg, Nathaniel Ver Ploeg, Clarissa (Bradley) Kiezebrink, Jameson (Hannah) Ver Ploeg, Alexa Ver Ploeg, Kimberlee Ver Ploeg, Rochelle (Curtis) Parker and their children Holland and Dawson; Shawn and Cari Fopma and their daughter Aubree; and Trisha Fopma.

To provide for his family, Jr. became a farmer and even today he loves to tinker out at the farm almost every day. In his younger days, he had a secret ambition to be a pilot. He even had an airstrip pictured out at the farm! Joyce has worked for the medical clinic in Sully and then at the Sully Coop Creamery Office but stopped working outside of the home after they had their first child. She loves to read and they both like to go out to eat and take long drives to see the countryside.

Leonard and Jennie Van Genderen were members of First Reformed in 1931 and brought Joyce as a baby to be baptized here. She continued growing in her faith and now is one of the older members' worshipping in the congregation. Jr.'s memories of the church include the times he has served as a deacon or elder in the consistory. They appreciate the fellowship with other loving and caring Christian believers and Pastor Wayne's very inspirational and uplifting sermons each Sunday that help us all grow in our spiritual life!

Thanks Jr. and Joyce for letting us "Get To Know You" better!

Missions UPDATE





**Brian & Elizabeth Bruxvoort** 

Email:

brian.bruxvoort.ak@gmail.com

Web: www.rca.org/bruxvoort

The Need Indigenous churches and missionaries, isolated by tremendous distances and without any road system, need transportation and logistical and spiritual support.

Brian is a pilot and aircraft mechanic. As a pilot, mechanic, and chief pilot for the Mission Aviation Repair Center (MARC), Brian Bruxvoort helps make evangelization and church ministry possible in Alaska's remote villages. He transports pastors to and from their congregations; brings missionaries, students receiving mission training, and work teams to their mission sites; flies children to Bible camps; and helps maintain MARC's airplanes. He also connects people with the goods or services they need and helps Alaskan Christians feel connected to the rest of the body of Christ.

His wife, Beth, participates in a women's Bible study and an after-school club called Child Evangelism Fellowship, and reaches out to women around her who need a friend. The Bruxvoorts have four children: Brianna, Michael, Lucas, and Jonathan. He supports churches and missionaries in Alaska by flying pastors, others, and supplies to remote villages, and by providing maintenance for those who fly their own aircraft. Brian Bruxvoort serves in partnership with Missionary Aviation Repair Center.

**Please pray:** • For safety in flying. • For encouragement for those whom the Bruxvoorts serve. • For the Bruxvoort family as they work with Child Evangelism Fellowship after-school clubs. • For Brian and Elizabeth as they seek to honor God in all areas of their lives.





#### February 1

Nicole Dunsbergen ~ Dylan Roozeboom Pavlos Vasileiadis

#### February 2

Donavon De Penning

#### February 3

**Judy Zegers** 

#### February 4

**Linkoln Torres** 

#### February 5

Wilda Nikkel (91)

#### Henry Veldhuizen (95)

Myra Rozendaal ~ Brody Schnell Scott Rolffs ~ Kacey Kesling

#### February 6

Jim Van Zante

#### February 7

Charles Brand (84)

#### February 8

Ervin Arkema

Irvin Vander Leest

Marlis Van Zante ~ Megan Van Zante

Liz Van Hemert (90)

#### February 9

Mary Ann Van Maaren

Gilbert Van Wyk (86)

#### February 10

Katelyn Van Wyk

Rowyn Vos

#### February 12

Kaiser Kesling

#### February 14

Iva Baarda (86)

Jean Van Der Kamp ~ Joel Van Wyk

#### February 17

Arie Scholten

#### February 18

Jackson Hardin ~ Jayson Hardin

#### February 20

Chris De Jong

#### February 24

**Dustin Dunsbergen** 

#### February 25

Gabe Rozendaal ~ Steve Vos

#### February 27

Jordan Vos

# IAPPY CAPTURE AND INVERSARY

#### February 1

Darrell & Susan Maasdam—22 years

#### February 2

Ken & Verna Hackert - 58 years

#### February 5

Mike & Sandy Rozendaal—31 years

Cody & Kelly Kesling—15 years

#### February 10

John & Jennifer Kramer—23 years

Ervin & Carolyn Van Waardhuizen—58 years

#### February 13

Marvin & Iva Baarda—66 years

#### February 15

Gilbert & Marlene Van Wyk-62 years

#### February 18

Verlan & Helen Brand—53 years

#### February 23

Alvin & Shirley Rozendaal—57 years

#### February 26

Melvin & Shirley Dunsbergen-54 years

#### February 27

Beryl & Velda Dunsbergen—49 years

#### **UPCOMING EVENTS**

#### Friday, February 8—818 Forward

With Faith 2nd Annual Dessert Dash at Pella Christian High School. Silent auction from 5—6 pm, followed by supper and desserts. Inspirational message by John O'Leary. RSVP to promotion@forwardwithfaith.org or www.forwardwithfaith.org.

**Saturday, February 9—17**—Work Trip to Eastern Texas

February 25—March 2—Work Trip to Marshalltown, IA

**Thursday, February 28**—Central Iowa Classis Meeting in Leighton

**February 28—March 3—CITEC** (Teens Encounter Christ) will be held here at FRC.

March 6, 5 - 7 pm—Shrove Pancake Night



### February Forgiveness



#### Scripture Reading and Writing Plan

Take ten minutes each day to read that day's Bible verse, write it in your journal and pray over it. Ask God to reveal to you what he wants to show you through His Word

- ep Feb 1: Colossians 3:13
- හ Feb2: Matthew 6:14-15
- 🦁 Feb 3: Luke 17:3-4
- 🥶 Feb 4: Ephesians 4:31-32
- **69** Feb 5: 1 John 1:9
- em Feb 6: Isaiah 43:25-26
- em Feb 7: Acts 3:19
- em Feb 8: Isaiah 1:18
- Feb 9: 2Corinthians 5:17
- Feb 10: Ephesians 1:7
- ED 11: Hebrews 10:17
- Feb 12: Daniel 9:9
- Feb 13: Colossians 1:13-14
  Feb 14: Psalm 103:12

- ED Feb 15: Numbers 14:19-21
- Feb 16: Micha 7:18-a9
- Feb 18: Mark 11:25
- Feb 19: Matthew 26:28
- es Feb 20: Proverbs 17:9
- Feb 21: 2 Chronicles 7:14
- Feb 22: Luke 6:37
- Feb 23: Psalms 86:5
- Feb 24: Acts 13:38-39
- Feb 25: Proverbs 28: 13
- Feb 26: 1 John 2:2
- Feb 27: Joel 2:13
- **69** Feb 28: Acts 2:38



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
					Verle Jansen	Chuck & Deb Johnson
3	4	5	6	7	8	9
Jamie, Julie, Daniel & Laci Keen	Cody, Kelly, Kennedy, Kacey & Kaiser Kesling	Jeff & Alison Knouse	Austin Kramer	Corey Kramer	John, Jennifer & Luke Kramer	Kyle Kramer
10	11	12	13	14	15	16
Marjorie Kramer	Jerald & Charlotte Kunce	Eric & Amber Lanser	Dennis, Donna, Dylan & Deven Liekweg	Monty, Carol & Kemper Lukehart	Craig & Barb Maasdam	Curtis Maasdam
17	18	19	20	21	22	23
Darrell & Susan Maasdam	Denamae Maasdam	Doug, Shawna, Brett & Kaylee Maasdam	Dwayne, Janelle, Zach & Taylor Maasdam	Harlan & Carleen Maasdam	Joyce MacKenzie	Ron & Deloris McKeag
24	25	26	27	28 David,		
Ryan, Carrie, Dayton & Brock Mortvedt	Nate & Lindsay Nees	Alan, Brenda & Elana Newell	Austin Newell	Monica, Katelyn, Alivia, Colton & Mason Nikkel	Trust	in the



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 7:30 am Prayer Breakfast	2
3 9:30 am Pastor Joel Brummel 10:45 am Sunday School 6 pm Bob Hammann	4 9 am Sewing Days	5	6 5:45 am Promise Keepers 3:30 pm STARS 5:30 STARS Family Night Meal 6:15 pm 6th—8th 6:45 pm 9th—12th	7	8 7:30 am Prayer Breakfast	9 Work Trip leaves & returns February 17 5:30–8:30 pm Kidz Movie Night
10 9:30 am Pastor Wayne Sneller 10:45 am Sunday School 2-4:30 TEC mtg. 4:59 pm IMPACT 5:30 pm Young Couples Bible Study 6 pm Royce Spoelstra 6:27 pm Faithwalkers	11	12	5:45 am Promise Keepers 3:30 pm STARS 5:30 Family Nite Meal 6:15 pm 6th—8th 6:45 pm 9th—12th	14	15 7:30 am Prayer Breakfast	16
17 9:30 am Pastor Wayne Sneller 10:45 am Sunday School 2-4:30 TEC mtg. 6 pm IMPACT Youth Service 6:27 pm Faithwalkers	18	19 9 am Sewing Days	20 5:45 am Promise Keepers 3:30 pm STARS 5:30 Family Night Meal 6:15 pm 6th—8th 6:45 pm 9th—12th 6:30 pm Elders Mtg. 6:45 pm Deacon Mtg 7:30 pm Consistory	21	22 7:30 am Prayer Breakfast	23 11—4 pm Shower in the Gathering Place
24 9:30 am Pastor Wayne Sneller 10:45 am Sunday School 2-4:30 TEC mtg. 6 pm Pastor Tom VandeBerg 6:00 pm Anchor Service	Marshalltown work trip begins—March 2	26	5:45 am Promise Keepers 3:30 pm STARS 5:30 Family Night Meal 6:15 pm 6th—8th 6:45 pm 9th—12th	28 5:30 pm Central Iowa Classis Meeting in Leighton, IA CITEC held here at FRC through March 3	807 3rd St. Sully, Ic 641-59 frcsully@	med Church PO Box 208 wa 50251 94-2935 netins.net llyfrc.org